

Guidelines for Group Support - for applicants

The mission of Depression UK is to promote mutual support between individuals affected by or at risk from depression, with the aim of encouraging self-help, recovery and personal growth. We can therefore support groups only for those whose main problem is depression.

Criteria for Group Support

- The support required must be specific and have a time-boundary.
- Group meetings should normally be in external venues and DUK strongly advocates the use of local community venues - church halls, schools, garden centre cafés etc - rather than hotels or other speciality event venues.
- DUK can provide financial support :-
 - for room hire costs for an initial or a promotional meetings
 - for publicity for a launch / re-launch
 - for on-going publicity for meetings for a reasonable period of time (which will need to be agreed with the committee).
 - for the production of publicity materials, having agreed the type of material to be produced.
 - for refreshments for promotional meetings and for initial meetings of a group.
 - to enable payment of a speaker for a promotional event.
- At least one member of the group must be, or become, a member of Depression UK
- If financial support is being provided, DUK will pay venue hires, speakers, or any other third party (e.g. for publicity material) direct unless otherwise agreed in advance.
- DUK can provide some publicity materials - leaflets, flyers etc.
- DUK can publicise meetings and events to DUK members who live locally.
- DUK cannot support any group long term, either financially or administratively. The long term aim of all groups must be to be self-managed, and self-funded.

How to apply

Simply complete the appropriate application form, depending on whether support is needed to set up a new group, or to relaunch or re-establish an existing group. Then send the completed form to :-

D-UK
PO Box 10566
Nottingham
NG13 8LU

or email it to info@depressionuk.org, marked FAO DUK Secretary

DUK's support does not imply acceptance of any liabilities incurred by the group.